

Hysteroscopy under general anaesthetic

Post-operative information

What happens afterwards?

After your procedure you will be observed for some time on the gynaecology and women's surgery ward (M2) at St Helier. The nursing staff will co-ordinate your discharge. Before you can leave, you need to have had something to drink, something to eat and to have passed urine. The nursing staff will also check that your observations such as blood pressure are all normal. A friend or family member will need to escort you home as you have had an anaesthetic.

What to do when you return home?

- Ensure someone stays with you overnight post-surgery
- You may experience period like pain – if this occurs, you are advised to take normal pain relief ie paracetamol or ibuprofen
- You may have some light vaginal bleeding for up to two weeks which should gradually reduce. Use sanitary pads, not tampons, to reduce the risk of infection
- Avoid swimming and intercourse until any bleeding has stopped.

What happens next?

- Occasionally a biopsy is performed at the time of the procedure. If this is undertaken, we will either see you at an outpatient follow up appointment which will be posted to you, or write to you with the results.

Contact us

You can call the ward any time on 020 8296 2150. If we feel you need to be examined, then we will advise you to attend your GP or A&E as appropriate.

Please contact your GP or A&E if you experience any of the following:

- Fever, heavy vaginal bleeding or discharge, increased pain, or if you feel unwell.

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